



Town of Franklin, VT E-Newsletter

October-December 2012 Issue

Welcome to the Town of Franklin's E-Newsletter!

In our efforts to go green, the Town of Franklin is trying to email more information to community members and reduce the amount of paper mailings we do. We will periodically send out employment, meeting and legal notices. If you have something that you would like included in a newsletter, please send it to townoff@franklinvt.net for consideration. Please also visit the Town's website at franklinvermont.com.

October 2012 Events

October 1, 2012

Joint Select Board Meeting:
Franklin, Highgate, Swanton
Swanton Town Office 7:00 p.m.

October 2-4, 2012

Board of Civil Authority Hearings
Town Clerk's Office 6:00 p.m.

October 8, 2012

Zoning Board of Adjustment Hearing
Haston Library 7:00 p.m.

October 9, 2012 Select board Meeting

Town Clerk's Office 7:00 p.m.

October 11, 2012

Franklin Watershed Committee Meeting
Franklin Homestead FELCO Room 7:00 p.m.

OCTOBER 15, 2012

PROPERTY TAXES DUE BY 3:30 P.M.

October 16, 2012

Haston Library Trustee Meeting
Haston Library 6:30 p.m.

Planning Commission Meeting

Franklin Homestead Dining Room 7:00 p.m.

November 2012 Events

November 6, 2012

General Election Day
Voting at Town Hall from 10:00 a.m.-7:00 p.m.

November 8, 2012

Franklin Watershed Committee Meeting
Franklin Homestead FELCO Room 7:00 p.m.

November 12, 2012

-Town Clerk's Office Closed-

November 13, 2012 Select board Meeting

Town Clerk's Office 7:00 p.m.

November 20, 2012

Haston Library Trustee Meeting
Haston Library 6:30 p.m.

Planning Commission Meeting

Franklin Homestead Dining Room 7:00 p.m.

November 22-23, 2012

-Town Clerk's Office Closed-

December 2012 Events

December 11, 2012 Select board Meeting

Town Clerk's Office 7:00 p.m.

December 13, 2012

Franklin Watershed Committee Meeting
Franklin Homestead FELCO Room 7:00 p.m.

December 18, 2012

Haston Library Trustee Meeting
Haston Library 6:30 p.m.

Planning Commission Meeting

Franklin Homestead Dining Room 7:00 p.m.

December 24-25, 2012

-Town Clerk's Office Closed-

For more information on any Town events or meetings, call the Town Clerk's Office at 285-2101 or email townoff@franklinvt.net.

The Lake Carmi Campers Association invites all Franklin folks to get on the Lake Carmi email list. Check it out <http://www.lakecarmi.org> and then email Larry Myott @ lmyott@uvm.edu for free a subscription, all are welcome.

The Franklin Historical Society is seeking new members. Please join them with your ideas and enthusiasm. Call 285-6774 for the next meeting date and time.

Please take the time to visit the Vermont State Treasurer's Website as there is thousands of dollars of unclaimed property listed that the State is holding on to. Your name or someone that you know could be on there. It only takes a minute to search and print out the claim form. Stop into the Town Clerk's Office if you need further assistance, we would be happy to help. The website is: [Unclaimed Property | Office of the State Treasurer](#)

**NOTICE
VACANCY POSTING**

The Selectboard is giving notice of the following vacant position as of August 14, 2012 per 24 VSA 961:

ZONING BOARD OF ADJUSTMENT

If interested in serving on this town board please contact the Town Clerk's office at 285-2101 or any Select board member.

**NOTICE
VACANCY POSTING**

The Selectboard/Planning Commission is giving notice of the following vacant position as of September 18, 2012 per 24 VSA 961:

**SECRETARY TO THE PLANNING
COMMISSION**

If interested in this position please contact the Town Clerk's office at 285-2101 or any Select board member.

About Your Instructor...

Nicole Tatro, MSPT, PBP, PEP, Certified
Boot Camp Instructor



Nicole received her BS in Biology and MS in Physical Therapy from Sacred Heart University in Fairfield, CT. Nicole is a Professional Bowenwork Practitioner, specializing in a more gentle, whole body approach to healing. She is also studying for her certification to become a C.P.E.P (Certified Posture Exercise Professional)

Nicole has been involved with sports and fitness almost her whole life. After excelling in sports in high school and college Nicole went on to coach at the high school level for several years. The last few years she has been involved with the little league program in Franklin.

She is a certified boot camp instructor

Nicole is also an It Works! Independent Distributor. It Works has a line of all natural, herbal based products. Free one on one consults available. Create a healthy body inside and out!

Classes held at the Franklin Town Hall

(Other locations TBA)

Monday 9-10am

Tuesday 6-7pm

Friday 6-7pm

**dates and times may vary occasionally
be sure to get on the email list to receive
updates and cancellations**

**Instructor has the right to cancel a class
due to low participation**

**A waiver must be signed prior to
participating in boot camp class**

**Local child care available upon request
additional fees apply contact

Jenessa Tatro

802-285-2159/jenessatatro@yahoo.com**

\$5 per class
or
\$40 for a 10 class punch card

Email or call for more information

powerfulresults@elitehealthandwellnessvt.com

802-782-8547

Boot Camp

Fitness Classes

With

Nicole Tatro, MSPT, PBP



Elite Health and Wellness

www.elitehealthandwellnessvt.com

802-782-8547

About Boot Camp...

Boot Camp is an indoor or outdoor fitness program that implements body weight exercises, calisthenics, agility drills, obstacle courses and running (Definition from Fitour 2011).



Boot Camp is a fun and effective way to get fit without having to go to the gym.

Boot Camp is a specialized program designed to offer a variety of exercise intensity levels to meet the needs of individuals. Everyone works at their own pace, at their own level. That's the great thing about boot camp everyone is welcome from beginners to advanced athletes. We have something for everyone!

Whether you are preparing yourself for a competitive sport or if you just want to get healthy, you can achieve your goals at boot camp!

It's like having a personal trainer but with group motivation at a fraction of the cost!

WHAT TO EXPECT:

You will be pushed to improve your fitness level and ultimately improve your overall health and well being. You will never be yelled at but you will be encouraged and motivated to reach that next level. Otherwise, you would do this by yourself right?

WHAT TO BRING:

Please bring PLENTY of water! It is also nice to have your own yoga mat, hand weights and towel (to wipe up your sweat!) Don't hesitate to bring a friend too!

WHAT TO WEAR:

Wear comfortable exercise clothing and sneakers. Bring clothing for indoor and outdoor exercise. We will try to utilize outdoor space as weather allows!



So what are you waiting for?

Leave the excuses behind and come to boot camp class! You will not be disappointed!



Team and group boot camp programs

available upon request!

Youth boot camp programs also

available!

For more information visit

www.elitehealthandwellnessvt.com